

Tico Tropical Salad

Swick

Makes 4 servings | Active Time: 15 minutes | Total Time: 15 minutes

Step 1: Making the Salad

- 1 cup papaya, peeled, seeded, and cut into 1/2-inch dice In a large bowl, mix fruit together.
- 2 bananas, cut into 1/2-inch dice In a separate small bowl, whisk together honey and lime juice until combined. Then
- 2 cups melon (any variety, like honeydew or watermelon), cut into 1/2-inch dice pour over fruit and gently mix to distribute dressing.
- 1 cup pineapple, peeled, cored, and cut into 1/2-inch dice Top with chopped nuts or shredded coconut, if desired, and serve cold.
- 1 tablespoon honey
- Juice of 1/2 lime
- Chopped nuts or shredded coconut (optional)