

Cucumber Snack Box

Swick

Makes 1 servings | Active Time: 5 minutes | Total Time: 5 minutes

Chef's Notes

Nutrition: Calories 281; Fat 13g ; Carbs 39g ; Fiber 11g; Sugar 10g; Protein 6g;
Cholesterol 0mg; Sodium 369mg; Vitamin A 297IU; Vitamin C 17mg; Calcium
92mg; Iron 2mg

Step 1: Method

- 6 Seed Crackers
 - 1/2 cup Blueberries (95 grams)
 - 1/2 Cucumber, sliced
 - 2 ozs Guacamole cups
1. Slice cucumbers. Combine all items into the snack box.