

Vegan JUST Egg Fried Rice

Swick

Makes 5 servings | Active Time: 25 minutes | Total Time: 25 minutes

Chef's Notes

Nutrition per serving: Calories 431; Fat 7g; Carbs 84g; Fiber 4g; Sugar 2g; Protein 11g; Cholesterol 0mg; Sodium 166mg; Vitamin A 2066IU; Vitamin C 2mg; Calcium 13mg; Iron 0mg

Step 1: Method

- 1 tbsp avocado oil
 - 1 cup frozen vegetable mix
 - JUST Egg Folded (cooked according to package directions)
 - 2 cups jasmine rice, dry
 - 2 tbsp soy sauce
 - 1 stalk green onion, chopped
1. Cook jasmine rice according to package directions.
 2. Cook JUST Egg according to package directions and fold.
 3. Heat a pan over medium heat. Add avocado oil and saute the frozen veggies in the pan until cooked.
 4. Chop the folded and cooked JUST Egg into 1-inch pieces and add to the cooked jasmine rice.
 5. Stir fry everything together.
 5. Add the soy sauce to taste.
 6. Garnish with green onions and serve!